Headteacher
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14th September 2026

Langham Village School Forest School Sessions

Wednesday afternoons from 15th September – 21st October 2026

Dear Year 1 Parents,

Your child will be taking part in a block of Forest School sessions. The sessions will be run by a qualified Forest Schools instructor Janet Lavender and she will be supported by Sharon Price.

Forest School is the name for an approach to educating children in the outdoors environment on a regular basis. Work will support the main curriculum (particularly literacy, science, maths and the arts) and will have a strong emphasis on raising all children's self-esteem and independence.

We will be focusing on exploring the Forest School Principles of being:

- equal, unique and valuable
- competent to explore & discover
- entitled to experience appropriate risk and challenge
- entitled to choose, and to initiate and drive their own learning and development
- entitled to experience regular success
- entitled to develop positive relationships with themselves and other people
- entitled to develop a strong, positive relationship with their natural world Specific emphasis on growth mind-set, overcoming perceived failure, understanding others and resilience.

An integral part of the Forest Schools experience is that children will experience the outdoors in all weathers. With the exception of very high winds and thunder storms, please assume that your child will be outside when they take part in Forest Schools, even if it is for a shortened session.

We ask you to supply Wellington or walking boots and suitable clothing for the weather conditions, legs and arms to be covered please. They can bring these clothes in a bag to change into. Please bear in mind you child is likely to get muddy!

If you have any questions please ask.

Thank you for your support

Mrs Kossowicz

Head Teacher