Headteacher
Mrs P. Kossowicz

Telephone/Fax
(01328) 830377



North Street
Langham
Holt
Norfolk
NR25 7DG

e-mail: office@langham.norfolk.sch.uk
www.langhamvillageschool.com

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Allergy Awareness at Langham Village School

Dear Parents and Carers,

We are writing to remind families about our approach to allergy safety in school, following the introduction of the new **Allergy Safety in Schools guidance**.

Our approach to allergy safety

Langham Village School is an allergy-aware school. We recognise that children can have allergies to a wide range of foods and other substances, and we have arrangements in place to support children with known allergies according to their individual needs.

We work to identify known allergens, reduce avoidable risks and ensure that staff understand how to recognise and respond to an allergic reaction.

As an additional precaution, we ask that children do not bring nuts or nut-containing products into school. This includes whole or chopped nuts, peanuts, peanut butter, nut bars and other products where nuts are an obvious ingredient.

We are not a completely nut-free school and cannot guarantee an environment that is entirely free from traces of nuts or other allergens. Some packaged foods may carry precautionary allergen information, such as *"may contain nuts"*, and it is not possible to eliminate every potential source of allergen exposure.

Our aim is therefore to reduce avoidable risks while ensuring that children with allergies can participate fully and safely in school life.

How families can help

We ask all families to help us by:

- Not sending nuts or nut-containing products into school.
- Reminding children not to share food, drinks, eating utensils or food containers with other children.
- Being mindful of allergens when sending food into school, including snacks and packed lunches.
- Checking food packaging carefully for allergen information.

- Informing the school if your child has a diagnosed allergy, so that appropriate individual arrangements can be put in place.

Our arrangements for children with known allergies

Children with diagnosed allergies are supported according to their individual needs and specific allergen triggers. Where appropriate, an Individual Healthcare Plan (IHCP) will record relevant information, including allergen triggers, symptoms, prescribed medication and emergency procedures.

Staff are trained to recognise allergic reactions and anaphylaxis and to follow the school's emergency procedures. Where required, the school also holds spare adrenaline auto-injectors for emergency use.

We recognise that it is not possible to guarantee a completely allergen-free environment. Our approach is therefore to identify and manage known allergies, reduce avoidable risks and ensure that children with allergies can participate fully and safely in school life.

Thank you for your understanding and support in helping us maintain a safe, supportive and inclusive, allergy-aware environment for everyone.

Kind regards

Mrs Kossowicz

Headteacher
Langham Village School