

Headteacher
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10th October 2023

Coral Class Forest Schools Sessions

Tuesday mornings starting on the 31st October 2023

Dear Reception Parents and Carers,

Your child will be taking part in a block of Forest School sessions. The sessions will be run by a qualified Forest Schools instructor: Janet Lavender and she will be supported by the Coral Class teachers.

Forest School is the name for an approach to educating children in the outdoors environment on a regular basis. Work will support the Early Years curriculum and will have a strong emphasis on raising all children's self-esteem and independence.

We will be focusing on exploring the Forest School Principles of being:

- equal, unique and valuable
- competent to explore & discover
- entitled to experience appropriate risk and challenge
- entitled to choose, and to initiate and drive their own learning and development
- entitled to experience regular success
- entitled to develop positive relationships with themselves and other people
- entitled to develop a strong, positive relationship with their natural world Specific emphasis on growth mind-set, overcoming perceived failure, understanding others and resilience.

An integral part of the Forest Schools experience is that children will experience the outdoors in all weathers. With the exception of very high winds and thunder storms, please assume that your child will be outside when they take part in Forest Schools, even if it is for a shortened session. Please provide wellington or walking boots and suitable clothing for the weather conditions, legs and arms to be covered please.

They can bring these clothes in a bag to change into. Please bear in mind your child is likely to get muddy!

If you have any questions please ask.

Thank you for your support

Mrs Kossowicz

Head Teacher