



## **Positive Handling Policy and Touch Policy**

Sept 2019

At our school we have a touch policy. This means that as a member of staff you are able to physically guide, touch or prompt children in appropriate ways at the appropriate times. It is extremely important that you have read and understood this policy to appreciate the reasons why we may choose to hold/touch children and the appropriate ways in which we do so.

### **Why do we use touch?**

We may choose to use physical intervention for a variety of reasons, but in general terms we would normally do so for either comfort or reward. We may also need to physically touch, guide or prompt students if they require personal care, assistance with writing, eating, dressing etc.

### **How do we use touch?**

#### **Hugging**

At this school, we encourage staff that are using touch for comfort or reward to use a 'school hug'. This is a sideways on hug, with an adult putting their hands on the child's shoulders. This discourages 'front on' hugging, and the adult's hands on the shoulders limits the ability of the child to turn themselves into you. This can be done either standing or sitting.

#### **Hand-holding**

We recognise that children sometimes enjoy being able to hold hands with adults around them. This is perfectly acceptable when the hand holding is compliant. However, if the handholding is being used by an adult as a method of control to move children, this can become a restraint. Therefore, we encourage the use of the 'school hand-hold'. This is done by the adult holding their arm out, and the child is encouraged to wrap their hand around the adult's lower arm. The adult's other hand can then be placed over the child's for a little extra security if it is required.

In summary, it is generally deemed appropriate to touch others on the upper arm which would appear to be regarded as a neutral zone in most cultures.

## Lap-sitting

At our school we discourage lap-sitting. Children should be taught to seek comfort/attention through other means, for example the school hand hold or hug. If a child attempts to sit on your lap, explain to them that this is not what we do here, and ask them to sit next to you if it is appropriate. This said there are some children in school who may need to lap sit due their exceptional needs, this would be discussed and agreed as a staff.

At times, children may in such crisis or distress that they hold you in a way which is not described as above (e.g. cuddling, clinging or lap sitting). If this should happen please ensure that you have informed a senior member of staff to protect yourself. You may be asked to make a note of this, this will be in order to record and monitor the amount of times the student is doing this to staff to see whether this is a 'controlling' behaviour, or whether the child is displaying distressed behaviour regularly.

Please note although we have a touch policy and believe that touch can be a positive experience for the children this does not mean that you have to touch children. It should be realized that some children will not want to be touched.

Date agreed by governors: Sept 2019

Signed .....D Markham Wroe..... Chair of Governors

Signed .....P Kossowicz..... Headteacher

Date of next review: Sept 2021